

CIRCULAR 2: **INTERNATIONAL DAY OF YOGA**

GES/KPHB/ACTV/002/2023-24

PP-II TO X

20-JUN-2023

Dear Parents,

'Yoga' helps students to make healthier choices and follow the lifestyle that fosters good health"

On the occasion of the INTERNATIONAL DAY OF YOGA on 21 June to make the students aware of Yog-Asana and to motivate them for living a healthy life special yoga class is arranged during school hours.

•Dress code: School Sports Uniform

\*students can get LABELLED yoga mats, so that yoga can be done comfortably.

Warm Regards  
GES- KPHB